



Three Days Online
International Yoga Workshop

Breath LYFE by Sportal

in collaboration with

BHARATI VIDYAPEETH
(DEEMED TO BE UNIVERSITY)

COLLEGE OF PHYSICAL EDUCATION

12th-15th March 2021



Bharati Vidyapeeth Campus, Pune-Satara Road,

Dhankawadi, Pune, Maharashtra – 411043.

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Event website: www.breathlyfe.com

Event email: Namaste@breathlyfe.com

Bharati Vidyapeeth (Deemed to be University), Pune, India

Bharati Vidyapeeth (Deemed to be University) University is one of the largest multi-disciplinary university in India having 29 constituent Institutions located in eight sprawling campuses which offer 278 plus academic programs. The university started functioning on 26 April 1996 and has earned reputation of being one of the top Universities in India. Bharati Vidyapeeth (Deemed to be University), Pune which is accredited to Grade A + by NAAC in 2017 in its third cycle of accreditation. It has also been granted 'A' Grade University Status by MHRD, GOI, New Delhi.

About College of Physical Education, Pune, India

Bharati Vidyapeeth University College of Physical Education (Estd. 1st September 1994) is a constituent unit of Bharati Vidyapeeth University (u/s 3 of the UGC Act 1956, vide notification No.F9.15.U.3 of the Govt. of India 'A' Grade Reaccredited by NAAC). The College is also recognized by NCTE. Like any university-department in India, this College is a constitutional unit of Bharati Vidyapeeth University. All the courses are self-finance in nature.

Its degree is accepted by the Government of Maharashtra and all other State Governments in India and abroad for the purpose of appointment as teachers in for school, college and university. Having an independent building; the College has its own full-fledged Gymnasium and spacious well nurtured playground of different games with 400m standard Track. The College conducts a six-week long certificate courses in Gym Instructor and yoga. It has started D.Y.Ed Course from 2015.

About International Yoga Workshop

It is an intensive 30 hrs workshop designed especially for students and professionals from the field of yoga and physical education. The workshop aims to enhance the skill of students and to introduce the vivid styles of yoga. It will also aid those students who want to pursue their career in the field of yoga.

A team of highly skilled and experienced **national** and **international** professionals from the field of Yoga, and Marketing will be sharing their wisdom.

Uniqueness of International Workshop

- The workshop has unique content that covers not only topics related to yoga and Physical Education but also Ayurveda and yogic cooking.
- This event content has more than 60% of practical content aim to refine individual's professional skills.
- The workshop is unique because it not only educates about physical, mental, social, spiritual, and sexual health but also prepares yoga teachers and practitioners to become successful yogapreneur in the post Covid 19 world.

Who should participate?

- Students from the field of Yoga, and Physical Education
- Teachers from the field of Yoga, and Physical Education.
- People who have an interest in Yoga
- People trying to learn new things.
- People who want to pursue a career in the field of Yoga

What Participants will get

- International workshop certificate.
- Exposure to international standards of yoga
- Yoga entrepreneurship opportunities.
- Opportunity to learn about digital marketing in yoga.
- Opportunity to network with experienced professionals.
- Opportunity to learn to penetrate and become successful in the field of Yoga
- Online shopping discount coupons.

Chief Patron

Dr. Patangrao Kadam, Founder,
Bharati Vidyapeeth

Dr. Shivajirao Kadam, Chancellor,
Bharati Vidyapeeth (Deemed to be University) Pune India,

Dr. Vishwajit Kadam, Pro Vice Chancellor,
Bharati Vidyapeeth (Deemed to be University) Pune India,
Secretary, Bharati Vidyapeeth

Dr. Manikrao Salunkhe Vice-Chancellor
Bharati Vidyapeeth (Deemed to be University) Pune India,

Dr. Asmita Kadam Jagtap (Executive Director)
Bharati Vidyapeeth Hospital

Chairman

Dr. Swapnil Vidhate
Principal,
College of Physical Education (7798477477)

Co-Chairman

Dr. S.S Autade,
College of Physical Education. (9822401068)

Convener

Dr. P.S Patil, Assistant Professor
College of Physical Education (9028745746)

Organising Secretary

B Kiran Kumar CEO Sportal (+447999401296)

Dr. Gaurav Pant Assistant Professor
College of Physical Education (9579247668)

Important Dates

Last Date for Registration: 8th March 2021

Confirmation through E-Mail: 9th March 2021

Dates of Programme: 12th- 15th March 2021

SPEAKERS LIST

International Speakers

- *Ms. Kelly McHugh (United Kingdom)*
- *Ms. Marita Mittag (Greece)*
- *Ms. Shaina Cannon (U.K.)*
- *Rachel Ellery (U.S.)*
- *Ms. Clair Summers (Mexico)*
- *Ms. Bahar Gultepe (Turkey)*
- *Ms. Jade Miller (New Zealand)*
- *Ms. María Olsen (Iceland)*
- *Mr. Harish and Ms. Kai (India and Russia)*

Indian Speakers

- *Ms. Suchint Sodhi (India)*
- *Dr Sharad Dadasaheb Bhalekar (India)*
- *Dr. Bina Swami (India)*
- *Mr. Bharat Singh (India)*
- *Dr. Nisar Shaikh (India)*
- *Dr. Raksha Vadhaiya (India)*
- *Dr Gururaj Doddoli (India)*
- *Mr. Sushant Singh (India)*
- *Ms. Ruchita Shah (India)*
- *Swami Taponidhi (India)*
- *Mr. Pratesh Yogi (India)*
- *Dr. Esha Jain (India)*
- *Mr. Deepak (India)*
- *Mr. Yogananda Ayyagari (India)*
- *Ms. Payal Gidwani Tiwari (India)*
- *Mr. Amit Kumar aka Eknath (India)*

Registration link:

Students Registration Link: [Click Here](#)

Students Registration Fee: INR 1000

Working Professionals Link: [Click here](#)

Working Professionals: INR 1500



Students



Working Professionals