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Student digest



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Pune, Maharashtra

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Life....



ACHIEVEMENTS

to halt during covid times. I wanted to be part of anything as long as I can. When I tried to explore and do things independently I took part in a competition organized by IADS (Indian Association of Dental Students) and won 1st place in a poster presentation competition. I didn't stop there, I also participated in a national online HMX physiology course organized by Harvard Medical School and won 1st place in poster presentation competition.

I was elected as Dental Students Welfare Society (DSWS) the college president for the year 2020-21. During this I along with my team organized a poster competition on COVID-19 and I was awarded as most active state president. One of the things that I can say fruitful thing in my organization was that during the pandemic I helped people get access to oxygen cylinders, updated and available important information and a campaign named save the

tooth was organized in which I contributed three videos related to dental awareness. I have always been a person who like to interact with people and this platform not only provided me to interact with dentists and dental students across India but on an international level, I could say turning point was when I applied for Harvard medical school online HMX physiology course. I was not only selected for the course but also got 75% scholarship on the tuition fees and I completed the course with a percentage of 86% overall and with a certificate of achievement. I also did a course on early detection and prevention of oral cancer which was conducted by Asian head and neck cancer foundation and passed the exam and got certified as oral cancer screening consultant.

The other part of my journey has always been sports only. Never restricted to one sports from winning medals in handball, javelin and discus in my school days to continuing my passion of cricket and badminton in my college life. My belief is that learning and your desire to do something are the two things that can never stop you.



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How do you manage?

I always have a to do list but truly speaking one or two things are left by day and I try to do them whenever I get free during college hours. Whenever I have free time I usually book a badminton court and go to play for an hour. Everyone says don't play mobile games but why not when you can restrict yourself and you know when to stop and what else you need to do. Since I also have a dental page named dental flashh so I have made a balance between my studies, games and content creation for my page. But sometimes I feel like I am lost or I am just too tired then I try to take a break, go out just relax and from next day I try to be focused.

Any Advice?

It is right that you can't manage everything that you want in life people always say you can't be on two boats at same time. But no one says that you can take one boat which can go to both the destinations. So never limit yourself to what people will think or your classmates think of you. Choose your own path to success because no one is going to come and tell you that you should do this after all this is a competitive world. Enjoy your field and let your existence be felt to everyone by your work. In no way be terrified of taking risks, because we learn from our mistakes only.

The Other Side of Me

Tell us about yourself?

My name is Shripriya Dubey and currently I am pursuing 3rd yr B.D.S. at Bharati Vidyapeeth Dental College And Hospital, Pune. As I started with my course I have been always a student who wanted to be part in everything be it sports or competitions or any organizations. Sports helps me to relax, concentrate, be creative and express my true inner self. Recently I have always started to take part in various competitions of paper and poster presentations and have been acing it at different levels. I am also member of IDA since 1 year. In addition I have been part of few organizations such as dentowesome as Maharashtra state representative and core team member, DSWAI as college president. Attempting out of the box things and acing at them is my habit. Recently I have started with my first survey based research paper and it is under survey. I always believe that extra-curricular are as important as studies are to add on to your confidence and help you grow as best personality.

How did you take up this passion?

I have never been of type that you need to be the best in any beauty pageant or be a topper of your class. What I think important as an individual is how you are able to cope up your studies along with your extra-curricular activities. Never ever try to suppress your dreams just because you don't have time for them. No one has time in their life difference is how you sort you day, how you divide your timing slots, how you manage them and get the desired result that you want in life. Sports and hosting webinars or creating contents for my team dentowesome or be it my page Dental flash has always been the other part which I try to balance in my day to day life. With self-determination and prioritizing your needs and wants you can conclude what you want and what you really want. My brother's are the ones who have always supported me for my games the most be it taking me for those competitions or buying me the best equipments they have always been around.

Regarding webinars hosting specifically talking about broadcasting it is my favourite part like handling it to broadcasting it on various platforms that includes all the technical part never been a techie type but still enjoy it. Dnetalflashh is closest to me it lead me to do best that I have. Recently

along with my friend I have also got opportunity to handle a TEDx event being organized on 19th September on optimism so looking forward to it.

I owe my credit to my parents Archana Dwivedi and Ram Krishna Dubey, not to forget my brother and my friends who not only motivate me but stand with me even in my failures. They had always played a pivotal role in shaping my knowledge, competencies and personality. And I am blessed to have them.

Tell us about your Journey.

It was always a curious unstoppable learner from my school days only. My parents were my greatest motivator they never stopped me from doing anything be it taking part in sports competition or anchoring my school annual function or going for any participation. They just pushed me to be always become a better version of myself. They always tell me look at yourself what you were last week what mistakes you made and try to improve it and be a better version. But still I would not say that my journey was the perfect one that included only excelling or winning in the competitions. I had also ups and downs and failures but that only pushed me to limits to be the best. Apart from studies I am always interested in extracurricular activities. In my 1st yr of B.D.S. I started taking part in many inter college sports competition and was also looking for few of the organizations that I can be part of and I came across Dentowesome.

At that part of time I became part of it as the college representative but soon in few months became the Maharashtra state representative and last march only now I am part of the core team. I was always curious and excited to learn something new and that platform was well provided by Dentowesome to me not only we coordinated with students across the dental colleges of India but was also given the opportunity to organize the webinar.



MY ACHIEVEMENTS

When everything came to a halt where we weren't able to go to school we used to be earlier than we did not stop. Actively and I participated in paper presentation of Association of Dental Students in paper presentation at Maharashtra Consortium and won 1st position and 3rd position in paper presentation. I am also part of DSWAI (Dental Students Association of India) as the tenure of year 2021-22. In my team we organized tobacco day and I was also the president. Most important thing we did along with the organization was the peak times of covid we provided information regarding covid to information regarding covid and medicines. Recently a c

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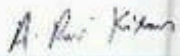
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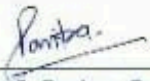

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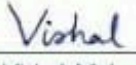

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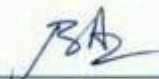
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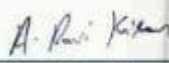
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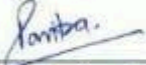

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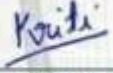

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