

**Bharati Vidyapeeth  
(Deemed to be University)  
Dental College & Hospital, Pune  
National Service Scheme**

2020-2021

**COVID 19 Prevention Digital Posters** prepared by NSS volunteers to generate awareness in the society. All these posters shared in various media to prevent COVID 19 infection



**Bharati Vidyapeeth  
(Deemed to be University)  
Dental College & Hospital, Pune  
National Service Scheme**



*Bharati Vidyapeeth Dental  
College And Hospital , Pune*

**SPREAD  
AWARENESS.  
NOT THE VIRUS.**

- WASH HANDS
- KEEP A DISTANCE
- REMAIN CALM

DESIGN: TAMANNA



**Bharati Vidyapeeth  
(Deemed to be University)  
Dental College & Hospital, Pune  
National Service Scheme**



DESIGN: OMKAR KULKARNI

**IF YOU LOVE YOURSELF  
STAY  
AT HOME.  
KEEP THE VIRUS  
OUT.**



WASH YOUR HANDS  
FREQUENTLY FOR  
AT LEAST 20 SECONDS



COVER YOUR MOUTH  
AND NOSE WHEN  
YOU COUGH OR SNEEZE




AVOID TOUCHING EYES,  
NOSE AND MOUTH



PLEASE STAY HOME IF  
YOUR ARE SICK

**BHARATI VIDYAPEETH DENTAL  
COLLEGE AND HOSPITAL, PUNE**



**CORONAVIRUS**  
what you need to  
know

**SYMPTOMS**

  
FEVER

  
COUGH


  
SHORTNESS  
OF BREATH




YOU MAY DEVELOP OTHERS  
SYMPTOMS AND/OR OTHER CONDITIONS

**HOW DOES IT SPREAD?**

  
Coughing or sneezing  
into your elbow

  
Hand-to-hand

  
Touching surfaces  
contaminated by  
others


**HOW TO PROTECT YOURSELF?**


  
Wash your hands  
frequently with  
water and soap  
for at least 20  
seconds

  
Avoid touching  
your eyes, nose  
and mouth

  
Avoid going to  
crowded places  
and avoid hand  
shakes

  
Wear a face mask  
in public places

  
Avoid public  
transport

  
Avoid handshakes  
and hugs

**BHARATI VIDYAPEETH  
DENTAL COLLEGE AND  
HOSPITAL, PUNE**


Design by  
Mayur

**BHARATI VIDYAPEETH DENTAL  
COLLEGE AND HOSPITAL, PUNE**

**LET'S DEFEAT  
COVID-19**

By following these steps we will be able to overcome  
this pandemic and become stronger as a community:-

- Regularly wash your hands
- Distance yourself socially
- Try and remain positive



Design: Anmol

**WASH YOUR HANDS**















DO YOUR BIT & TOGETHER  
WE CAN FLATTEN THE CURVE!

**BHARATI VIDYAPEETH DENTAL  
COLLEGE AND HOSPITAL, PUNE**

Design: Kaustubh

**Bharati Vidyapeeth  
(Deemed to be University)  
Dental College & Hospital, Pune  
National Service Scheme**

Design: Abhinandan

## CORONAVIRUS PROTECT YOURSELF AND OTHERS

Wash your hands thoroughly.

Cough and sneeze into a paper tissue.

Keep a safe distance.

Keep surfaces clean.

Stay at home.

Call before going to the doctor.

Bharati Vidyapeeth Dental College and Hospital, Pune

Bharati Vidyapeeth Dental College and Hospital, Pune

### How to stay healthy and avoid the spread of COVID-19

Use tissues and dispose immediately after use.

Wash your hands regularly for 20 seconds.

Stay home when sick.

Avoid touching your face.

Wipe high-touch surfaces often.

Avoid close contact with others.

Cover your mouth when coughing or sneezing.

Design: Kunal

Bharati Vidyapeeth Dental College and Hospital, Pune

BEDIKA WARR

Avoid Close Contact

Greeting

Bharati Vidyapeeth Dental College and Hospital, Pune

Bharati Vidyapeeth Dental College and Hospital, Pune

**STOP CORONAVIRUS**

## STAY HOME AND

## WASH YOUR HANDS REGULARLY

Bharati Vidyapeeth Dental college and hospital, Pune

**Bharati Vidyapeeth  
(Deemed to be University)  
Dental College & Hospital, Pune  
National Service Scheme**



**Bharati Vidyapeeth  
(Deemed to be University)  
Dental College & Hospital, Pune  
National Service Scheme**

---

**'Youth Day 2021'**

NSS unit of BVDU Dental College & Hospital, Pune celebrated 'Youth Day' on Tuesday 12<sup>th</sup> January 2021 on the occasion of the birth anniversary of Swami Vivekananda who was social reformer, philosopher, and thinker. The life story of Swami Vivekananda video was shown to the students.

The main objective behind the celebration is to make a better future of the country by motivating the youths and spreading the ideas of Swami Vivekananda through social media. About 25 Books on Personality development, Swami Bramnasthanand publication were distributed to the students.

This programme definitely helps to a better future of the students for development of country. About 46 students (Female-38 & Male-8) faculty members attended the programme.



**Bharati Vidyapeeth  
(Deemed to be University)  
Dental College & Hospital, Pune  
National Service Scheme**

---



**Bharati Vidyapeeth  
(Deemed to be University)  
Dental College & Hospital, Pune  
National Service Scheme**

---





**Bharati Vidyapeeth  
(Deemed to be University)  
Dental College & Hospital, Pune  
National Service Scheme**

---

**Bharati Vidyapeeth (Deemed to be University)  
Dental College and Hospital, Pune  
National Service Scheme  
Annual Report  
2020-2021**

Sr. No	Date	Event	Details of the Event
1	14 April 2020	Online Training on COVID 19 Prevention	Popularizing, Educating and motivating for making face masks at home to prevent the infection.
2	NSS Activity during COVID 19 lockdown 2020	ArogyaSetu app	The Arogyasetu app downloading, Training, Using and referencing to aware the people about COVID 19 Infection. It also helpful to update the situation of COVID 19 in all over the India. It also provides the testing reference laboratory locations, and COVID 19 hospitals for reference.
3	NSS Activity during COVID 19 lockdown 2020	Dos and Don'ts for preventing and mitigating COVID 19	The online training on COVID 19 Prevention was attended by the 41 volunteers to aware the people to use masks, maintain social distancing and proper hand washing. The session was conducted online by sending the Youtube link by NSS Maharashtra and UNICEF.
4	NSS Activity during COVID 19 lockdown 2020	Digital Poster competition	To prevent COVID 19 infection digital posters competition was conducted almost all 50 volunteers were participated and shared their e poster to various social medial.
5	21 June 2020	International Yoga Day	The International Yoga Day was celebrated on Sunday 21

**Bharati Vidyapeeth  
(Deemed to be University)  
Dental College & Hospital, Pune  
National Service Scheme**

			June 2020. It was celebrated on theme “Yoga @ home and Yoga with family”. The Heartfulness Virtual yoga session was also attended by Students and faculty members of BharatiVidyapeeth Dental College and Hospital, Pune
6	15 September 2020	Road safety webinar	Road safety cell, Maharashtra state and Maharashtra association of training and placement officers (MaTPO) organized webinar on 15 September 2020. The programme was attended by 38 NSS volunteers and Coordinator
7	16 September 2020	National Educational Policy 2020 webinar	National Educational Policy 2020 webinar organized by Ministry of Education on 16 September 2020 attended by 44 NSS volunteer’s and NSS Coordinator.
8	17 September 2020	Shashvat Gramin Vikas Webinar	Shashvat Gramin Vikas Webinar under Unnat Bharat Abhiyan Organized by DhananjayraoGadgeel Deemed University Pune attended by NSS volunteers’ and Coordinator on 17 September 2020
9	August-September 2020	SOCIAL ENTREPRENEURSHIP, SWACHHTA and RURAL ENGAGEMENT CELL (SES REC):	SOCIAL ENTREPRENEURSHIP, SWACHHTA and RURAL ENGAGEMENT CELL (SES REC): Mahatma Gandhi National

**Bharati Vidyapeeth  
(Deemed to be University)  
Dental College & Hospital, Pune  
National Service Scheme**

			Council of Rural Education, Department of Higher Education, Ministry of Education Government of India. organized one day training attended by NSS Committee members Mr. Shivdas Mali, DrSneha Desai DrAmolKamble, DrDarshanaMunde, and DrRakheeModak
10	August to September 2020	Fit India Campaign 2020	Fit India campaign was organized to increase the physical activity for good fitness. Fit India freedom run, activity was participated by the NSS volunteers and staff members.
11	8 January 2021	Late Dr Patangrao Kadamsaheb Jayanti	On the occasion of birth anniversary of DrPatangraoKadamsaheb the volunteers of NSS participated in the poster competition on "Swatch Bharat". About 55 students attended the activity.
12	12 January 2021	Youth Day Celebration	'Youth Day 'was celebrated on Tuesday 12January 2021 on the occasion of the birth anniversary of Swami Vevekananda who was social reformer, philosopher, and thinker. The life story of Swami Vevekananda video was shown to the students. The main objective behind the celebration is to make a better future of the country by motivating the youths and

**Bharati Vidyapeeth  
(Deemed to be University)  
Dental College & Hospital, Pune  
National Service Scheme**

---

			<p>spreading the ideas of Swami Vevekananda through social media. About 25 Books on Personality development, Swami Bramnasthanand publication were distributed to the students. About 46 students (Female-38 &amp; Male-8) faculty members attended the programme.</p>
13	5 March 2021	Oral Health Education	<p>On the occasion of Cons Endo day dental treatment was given to the patients and oral health education demonstration was done through posters and verbal communication. The programme was inaugurated by Dr Londhe</p>
14	February- March 2021	COVID 19 Vaccination awareness	<p>COVID 19 Vaccination awareness: IEC material was shared through social media among staff and students to disseminate it in various group for the success of largest vaccination drive. The material sent by ministry of health is very informative to the public.</p>

Mr. Shivdas Mali  
NSS, Program Officer  
BVDUDCH, Pune

Dr.RajeshKshirsagar  
Principal,  
BVDUDCH, Pune

**Bharati Vidyapeeth  
(Deemed to be University)  
Dental College & Hospital, Pune  
National Service Scheme**

---

NSS vollunteers participating in extension activities during the year  
2020-21

<b>Sr. No</b>	<b>Name of the activity</b>	<b>Organising unit/ agency/ collaborating agency</b>	<b>Number of students participated in such activities</b>
1	Dos and Don'ts for preventing and mitigating COVID 19	Government of India, Ministry of Health and family welfare	41
2	Importance of Arogya Setu App	Government of India, Ministry of Electronic and Information technology	50
3	Online Training on COVID 19 Prevention	Government of Maharashtra National Service Scheme	50
4	International Yoga Day- Yoga @ Home Yoga with Family	Government of India, Ministry of Ayush and University Grant Commission	140
5	Fit India Campaign	Government of India, Ministry of Youth Affairs and Sports	48
6	Road safety Webinar	Maharashtra state and Maharashtra association of Training and Placement Officers (MaTPO)	38
7	National Education Policy	Government of India, Ministry of Youth Affairs and Sports	44
8	Shashwat Gramin Vikas	Dr. Dhananjayrao Gadgil Shashwat Gramin Vikas, Gokhale Politicis and Economics Institute and Pune Maha FPO federation Pune	17
9	SOCIAL ENTREPRENEURSHIP, SWACHHTA and RURAL ENGAGEMENT CELL (SES	Government of India, Ministry of Education	122

**Bharati Vidyapeeth  
(Deemed to be University)  
Dental College & Hospital, Pune  
National Service Scheme**

---

	REC):		
10	Cyber Crime against Women solution and Prevention	Government of India National Commission for Women	7
11	Constitution Day	Government of India, Ministry of Youth Affairs and Sports Directorate of NSS, New Delhi	56
12	Youth Day	Government of India, Ministry of Youth Affairs and Sports	46
13	COVID 19 Vaccination Awareness	Government of India, Ministry of Health and family welfare	35
14	Oral Health Education Programme	Dept of Conservative Dentistry BVDUDCH Pune	8