

**Bharati Vidyapeeth
(Deemed to be University)
Dental College & Hospital, Pune
National Service Scheme**



National Service Scheme 2021-2022

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2021-2022

Tobacco awareness programme

31st May 2021

Tobacco Cessation Centre (TCC), Department of Oral Medicine and Radiology in collaboration with National Service Scheme (NSS) of our institute organized a programme on 31st May 2021 on occasion of World No Tobacco Day.

Counseling of patients with tobacco habit was done and a webinar was organized for first year and second year BDS students on "Nicotine dependence and De-addiction management" by Dr Manjiri Datar, Associate Professor, Department of Psychiatry, Bharati Vidyapeeth Medical College and Hospital. 150 students were attended the webinar.

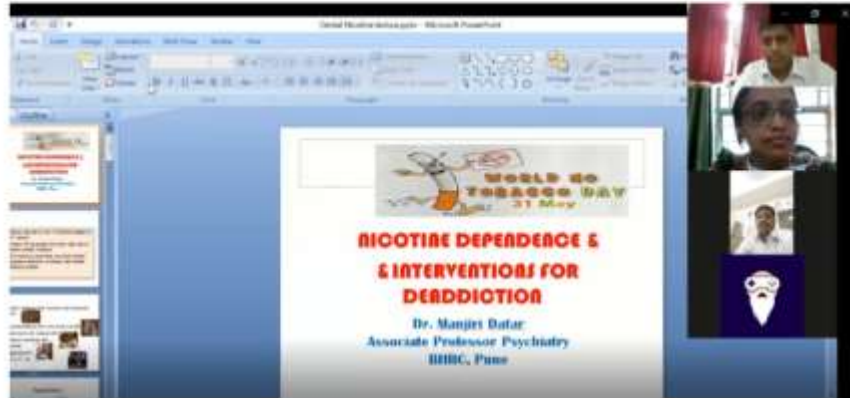
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International Day of Yoga

21st June 2021

The National Service Scheme (NSS) of Dental College Pune celebrated International Day of Yoga on 21st June 2021, Students and Staff of the college celebrated the International Day of Yoga at Yoga and meditation hall of the college. The volunteers of National Service Scheme and students were participated in this activity through online mode. Miss. Taneesha Joshi volunteer of NSS was shared videos on Importance of Yoga through various media The detailed link of videos are <https://youtu.be/SRVkXqX4jE4> and <https://youtu.be/9aMmMI2nNnc>



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Tetanus Toxoide Vaccination Camp

30th August 2021

The NSS unit of BVDUDCH Pune organized a **Tetanus Toxoide Vaccination Camp** on 30th August 2021. Inauguration programme was held in the gracious presence of Dr Rajesh Kshirsagar Principal, BVDUDCH Pune, Dr Abhijeet Patil Principal Bharati Vidyapeeth College of Ayurved. Many teaching, non-teaching staff members and team of Bharati Hospital Pune, were also present at the occasion.

A total of 147 Teaching and Non-teaching staff vaccinated with T.T vaccine. N.S.S volunteers and students actively participated in the arrangement of camp



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Blood Donation Camp

31st August 2021

The NSS unit of BVDU Dental College and Hospital Pune organized a blood donation camp in association with Bharati hospital blood bank on 31st August 2021. Inauguration programme was held in the gracious presence of Dr Rajesh Kshirsagar Principal, BVDUDCH Pune, Dr Avinash Mhetre Programme Coordinator NSS Bharati Vidyapeeth University and Proff. Dr Atmaram Pawar Poona College of Pharmacy Pune. Many teaching and non teaching staff was also present at the occasion. Dr Sanjay Londhe Dental Consultant also visited to venue and appreciated the efforts taken by students.

There was very good response in this pandemic situation from students and other donors. A total of **36** blood bags were collected in the camp. A Certificate was given to each donor as a token of appreciation from Bharati Hospital Pune.



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Mahatma Gandhi and Lal Bahadur Shastri Jayanti

2nd October 2021

The NSS unit of BVDUDCH Pune celebrated Mahatma **Gandhi and Lal Bahadur Shastri Jayanti** on 2nd October 2021. Dr Rajesh Kshirsagar Principal, BVDUDCH Pune, Teaching and non-teaching staff members and NSS volunteers, Students present at the occasion. All volunteers were participated in E waste awareness campaign at college.



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Role of students to control Tuberculosis

23rd October 2021

The NSS unit of BVDUDCH Pune organized an online lecture on **Role of students to control Tuberculosis** on Saturday 23rd October 2021 in collaboration with Rotary Club Medicrew Pune. Dr Shubhangi wadgaonkar, Mr. Shivdas Mali and Mr. Gourav Deshmane were the speakers for the programme. The programme was organized on Microsoft Teams approximate 60 participants were present and NSS volunteer Rotary club member Vedangi Dev was ambassador of the programme.

National Youth Festival 2022

The volunteers of NSS unit of BVDUDCH Pune were registered for National Youth festival through link sent by NSS of University. Volunteers of NSS were actively participated in Essay writing activity under Azadi ka Amrut mohatsav on **India of My Dream- My Vision 2047** and **Local Unsung Hero's of Indian Freedom struggle.**

Mazi Vasundhara

The NSS unit of BVDUDCH Pune participated in **Mazi Vasundhara Abhiyan.** Volunteers were registered on website of State of Maharashtra and actively participated in this activity and took epledge on **Mazi Vasundhara mitra** and tree plantation activity was completed by the volunteers.

Late Dr Patangrao Kadamsaheb Jayanti

8 January 2022

On the occasion of birth anniversary of Late Dr Patangrao Kadamsaheb the volunteers of NSS were registered for Mazi vasundhara abhiyan students attended the activity.

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International Women's Day

8th March 2022

The NSS of BVDUDCH Pune organized International Women's Day on 8 March 2022. As per the guideline received from Ministry of Women and Child Development, students and staff were actively participated in the programme. Lecture on Breaking the gender Bias and Women empowerment by Adv Pratibha Ghorapadewho is practicing criminal lawyer since 29 years in Pune. She focused on different laws for womens for domestic violence, POSH etc. she valso spoke about different NGOs. The outstanding women from the college who are contributing in their area were felicitated by volunteers.

Late DrPatangrao Kadamsaheb Punyasmaran

9 March 2022

On the occasion of death anniversary of Dr Patangrao Kadamsaheb the volunteers of NSS participated in the poster competition on "Road safety". About 27 students attended the activity.

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Special Winter Camp Report

2021-2022

National Service Scheme's Motto is "Not Me but You."

Special Winter NSS camp was organized by the NSS unit of BVDU DCH Pune, under the guidance of Principal Dr. Rajesh Kshirsagar from, 7th March 2022 to 13th March 2022, at Nasrapur Tal- Bhor, Dist- Pune

The objectives of this special camp implement the social service skills amongst the students and their duties and responsibilities towards the society. Various activities were conducted like to create awareness about dental care and to develop awareness about oral health. Tobacco awareness is one important activity required for villagers to control the burden of cancer patients in the community. Road safety awareness, Women empowerment and No Plastic were the topics during the camp.

Total 25 Volunteers of BVDU DCH Pune participated in the Special Winter camp under the guidance of Principal Dr Rajesh Kshirsagar, Shivdas Mali NSS Program Officer, Dr Darshana Munde, Dr. Sukumar Lipare and Dr. Vrushali Mohite

Women's day celebration:

International Women's Day 2022: It is observed on 8 March to recognise the contributions of women and girls across the world. NSS volunteers focused on 'Gender equality today for a sustainable tomorrow' the NSS volunteers of BVDU DCH Pune appreciated work of of women in various areas. The NSS team offered their greetings and flowers to Principal Mrs. Malan Malusare and all the female staff members of the Zilla Parishad School Nasrapur as a token of appreciation. The volunteers and staff were felicitated by the principal of the school Mrs. Malusare ma'am who then delivered a captivating speech on women's day. The Sarpanch Mrs Rohini Shete also paid a visit during the women empowerment programme.

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Oral health care:

NSS volunteers focused on good oral hygiene demonstration to students they advised some oral health care tips to students to create awareness of oral health. How to take care of their teeth by giving them health talks. They also taught the students how to properly brush their teeth. Brush teeth thoroughly twice a day and floss daily between the teeth to remove dental plaque. Visit your dentist at least once a year, even if you have no natural teeth or have dentures. Brushing at least twice a day is one of the most important oral care habits because it keeps the teeth and mouth healthy. Using fluoride-based toothpaste also stimulates the gums, which helps prevent gum disease and cavities. The volunteers educated the students of the Zilla Parishad school Nasrapur and Shri Krishnaji Hari Karyekar Vidyalay Nasrapur.

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Dental screening:

Oral health plays a vital role in the overall health and wellbeing of the individual. With the objective of helping people access oral health and hygiene facilities is organizing a free dental check-up and awareness camp. This camp was supervised and conducted by our expert team. Our experts were also guide the patients about the food intake and daily routine they should follow to prevent dental disorders.

Approximate 350 students of the school were checked for dental problems by the dental college team. They presented each student with information cards which specified the entire dental findings specific to that student. Students who have required treatment were offered to come at hospital with concession card distributed during screening. strict sterilization and safety protocols were followed throughout the duration of the dental screening camp.

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Tobacco awareness:

NSS of BVDU DCH Pune highlighted the problems faced by people who consume tobacco. The team of volunteers explained the hazardous effects of tobacco use. The students distributed pamphlets regarding No Tobacco to aware the people in the village. Tobacco awareness video, audio were shown to students regarding ill effects of tobacco and guided through a pledge regarding refraining from use of tobacco. The awareness campaign also conducted on Nasrapur market road. The villagers responded to the volunteers activity for control tobacco use.

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Traffic awareness:

Road safety awareness is very important to control traffic problems in this century. Various rules like never use a mobile phone while driving. Wear seatbelts and helmets. Walk carefully on the sidewalks and only cross on the zebra crossing. Be careful of speed limits were discussed by volunteer in School. The children were also taught about Traffic rules and made aware of the safety norms on the road. The traffic rules and handouts posters were also displayed on road to create awareness in the general public..

These various activities were conducted at "Krishna ji Hari Karyekar Prathamik Vidyalay" and "Adarsh Balwadi" under Dyanprakashan Shikshan Sanstha. Zilla Parishad Prathmik School At Post Nasrapur , Talukla Bhor, Dist- Pune



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नसरापूर येथील विशेष हिवाळी शिबिरात उपस्थित ग्रामस्थ.

दंत महाविद्यालयाचे नसरापूर येथे शिबिर

धनकवडी : भारती विद्यापीठ दंत महाविद्यालय आणि रुग्णालय, पुणे यांच्या वतीने राष्ट्रीय सेवा योजनेअंतर्गत नसरापूर, तालुका भोर, जिल्हा पुणे या ठिकाणी विशेष हिवाळी शिबिर आयोजित करण्यात आले होते. या शिबिरामध्ये मोफत दंतरोग तपासणीबरोबर आरोग्याबाबत जनजागृती करण्यात आली. राष्ट्रीय सेवा योजनेच्या स्वयंसेवकांनी वाहतूक नियंत्रण जनजागृती, तंबाखूमुक्त भारत, मतदार जनजागृती, महिला सक्षमीकरण, योगाचे आरोग्याबाबतचे महत्त्व असे विविध उपक्रम राबविले. या शिबिरास भारती विद्यापीठ दंत महाविद्यालय आणि रुग्णालयाचे प्राचार्य डॉ. राजेश क्षीरसागर, भारती विद्यापीठ राष्ट्रीय सेवा योजनेचे प्रकल्प समन्वयक डॉ. अविनाश मेहेत्रे यांचे मार्गदर्शन लाभले. शिबिराच्या नियोजनास नसरापूर गावच्या सरपंच रोहिणी शेठे आणि नसरापूर गावचे ग्रामस्थ यांनी सहकार्य केले. यासोबतच जिल्हा परिषद शाळा नसरापूर आणि श्रीकृष्णाजी कारेकर विद्यालय येथील सर्व शिक्षक आणि विद्यार्थ्यांनी उत्साहाने सहभाग नोंदवून कार्यक्रम यशस्वीपणे पार पाडले. शिवदास माळी, सुकुमार लिपारे आणि वृषाली मोहिते यांनी हे शिबिर यशस्वी केले.

लोकमत

दंत महाविद्यालयाच्या शिविराचा ३५० जणांना लाभ नसरापूर येथे राष्ट्रीय सेवा योजनेचा उपक्रम

धनकवडी : राष्ट्रीय सेवा योजनेअंतर्गत भोर तालुक्यातील नसरापूर येथे भारती विद्यापीठ दंत महाविद्यालयाच्यावतीने आयोजित केलेल्या विशेष हिवाळी शिविरास उत्स्फूर्त प्रतिसाद मिळाला. या शिविरात आरोग्याबाबत जनजागृतीसह ३५० नागरिकांची मोफत दंत तपासणी करण्यात आली.

यावेळी राष्ट्रीय सेवा योजनेच्या स्वयंसेवकांनी वाहतूक नियंत्रण, तंबाखूमुक्त भारत याबाबत जनजागृती केली, महिला सक्षमीकरण, योग व आरोग्याबाबतचे महत्त्व असे विविध उपक्रम राबविण्यात आले. शिविरास भारती विद्यापीठ दंत महाविद्यालय, रुग्णालयाचे प्राचार्य डॉ. राजेश क्षीरसागर भारती विद्यापीठ राष्ट्रीय सेवा योजनेचे प्रकल्प समन्वयक डॉ. अविनाश मेहेत्रे



यांचे मोलाचे मार्गदर्शन लाभले. शिविराच्या नियोजनास नसरापूर गावचे सरपंच रोहिणी शेठे, उपसरपंच गणेश दळवी आणि नसरापूरचे ग्रामस्थांचे सहकार्य लाभले. जिल्हा परिषद शाळा नसरापूर आणि श्रीकृष्णाजी कारेकर विद्यालय येथील सर्व शिक्षक आणि विद्यार्थी उत्साहाने सहभाग झाले. राष्ट्रीय सेवा योजनेच्या सैनिकांनी तसेच शिवदास माळी, सुकुमार लिपारे आणि वृषाली मोहिते यांनी शिविर पार पाडण्यासाठी प्रयत्न केले.

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NSS vollunteers participating in extension activities during the year
2020-21

Sr. No	Name of the activity	Organising unit/ agency/ collaborating agency	Number of students participated in such activities
1	Maza gaon Corana Mukta Gaon Abhiyan	Government of Maharashtra Ministry of higher and technical education	48
2	International Day of Yoga	Government of India, Ministry of Youth Affairs and Sports	28
3	Cheeruop for Tokyo Olympic Indian team	Government of India, Ministry of Youth Affairs and Sports	21
4	Celebrating 75years of Indias Independence (Azadi ka Amrut Mahotsav)	Government of India, Ministry of Youth Affairs and Sports	50
5	Clean India Campaign	Nehru Yuva Kendra Sangathan, Ministry of Youth Affairs and Sports	48
6	Mazi Vasundhara	Government of Maharashtra Ministry of higher and technical education	50
7	National Youth Festival 2022 P.M. event	Government of India, Ministry of Youth Affairs and Sports	43
8	National Girl Child Day 2022	Government of India, Ministry of Women and Child Development	0
9	Voter awareness Campaign	Government of Maharashtra, State Election commission	23
10	International Women's Day	Government of India, Ministry of Youth Affairs and Sports	45

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National Service Scheme

Standard Operating Procedure:

Introduction:

The National Service Scheme is a value based youth programme aimed at developing the personality of our educated youth by involving them in community development during their leisure hours.

Enrolment:

The National Service Scheme: 50 volunteers enrollment sanctioned per year.

Programmes of action:

There are two kinds of programmes i.e., the **Regular Programme**, which is organised throughout the year and another is the **Special Camping Programme**, which is organized at the adopted village for seven days, these programmes are planned and executed in the light of guidelines framed by the Central and State Governments, with the view to develop the personality of the student and to develop the community at large.

Plan of Action:

College Level Programmes Period Programme June College Level Advisory Committee Meeting July Programme Officers, Meeting Survey at the adopted village August Orientation and Personality Development Programme

Regular NSS Activities:

Various activities given below, achievable and realizable targets are furnished for each of them, taking into consideration all the practical difficulties.

- College level Advisory committee formation
- Enrollment of NSS Volunteers
- Village adoption and survey
- Mass Tree Plantation - 300 saplings per unit per year.
- Health Awareness Programme
- One Blood Donation Camp
- Oral health awareness
- Tobacco awareness
- Immunization Programme

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- Career Guidance Programme
- Consumer Awareness
- Voter's Awareness
- Traffic awareness
- Women Empowerment
- No Plastic Zone

Co- Ordinator

National Service Scheme