

**Bharati Vidyapeeth (Deemed To Be University)  
Dental College & Hospital, Pune**

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**National Service Scheme**

**Special Winter Camp Report**

**2021-2022**

National Service Scheme's Motto is "Not Me but You."

Special Winter NSS camp was organized by the NSS unit of BV DU DCH Pune, under the guidance of Principal Dr. Rajesh Kshirsagar from, 7<sup>th</sup> March 2022 to 13<sup>th</sup> March 2022, at Nasrapur Tal- Bhor, Dist- Pune

The objectives of this special camp implement the social service skills amongst the students and their duties and responsibilities towards the society. Various activities were conducted like to create awareness about dental care and to develop awareness about oral health. Tobacco awareness is one important activity required for villagers to control the burden of cancer patients in the community. Road safety awareness, Women empowerment and No Plastic were the topics during the camp.

Total 25 Volunteers of BV DU DCH Pune participated in the Special Winter camp under the guidance of Principal Dr Rajesh Kshirsagar, Shivdas Mali NSS Program Officer, Dr Darshana Munde, Dr. Sukumar Lipare and Dr. Vrushali Mohite

**Women's day celebration:**

International Women's Day 2022: It is observed on 8 March to recognise the contributions of women and girls across the world. NSS volunteers focused on 'Gender equality today for a sustainable tomorrow' the NSS volunteers of BV DU DCH Pune appreciated work of women in various areas. The NSS team offered their greetings and flowers to Principal Mrs. Malan Malusare and all the female staff members of the Zilla Parishad School Nasrapur as a token of appreciation. The volunteers and staff were felicitated by the principal of the school Mrs. Malusare ma'am who then delivered a captivating speech on women's day. The Sarpanch Mrs Rohini Shete also paid a visit during the women empowerment programme.

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### Oral health care:

NSS volunteers focused on good oral hygiene demonstration to students they advised some oral health care tips to students to create awareness of oral health. How to take care of their teeth by giving them health talks. They also taught the students how to properly brush their teeth. Brush teeth thoroughly twice a day and floss daily between the teeth to remove dental plaque. Visit your dentist at least once a year, even if you have no natural teeth or have dentures. Brushing at least twice a day is one of the most important oral care habits because it keeps the teeth and mouth healthy. Using fluoride-based toothpaste also stimulates the gums, which helps prevent gum disease and cavities. The volunteers educated the students of the Zilla Parishad school Nasrapur and Shri Krishnaji Hari Karyekar Vidyalay Nasrapur.

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### Dental screening:

Oral health plays a vital role in the overall health and wellbeing of the individual. With the objective of helping people access oral health and hygiene facilities is organizing a free dental check-up and awareness camp. This camp was supervised and conducted by our expert team. Our experts were also guide the patients about the food intake and daily routine they should follow to prevent dental disorders.

Approximate 350 students of the school were checked for dental problems by the dental college team. They presented each student with information cards which specified the entire dental findings specific to that student. Students who have required treatment were offered to come at hospital with concession card distributed during screening. strict sterilisation and safety protocols were followed throughout the duration of the dental screening camp.



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### Tobacco awareness:

NSS of BVDU DCH Pune highlighted the problems faced by people who consume tobacco. The team of volunteers explained the hazardous effects of tobacco use. The students distributed pamphlets regarding No Tobacco to aware the people in the village. Tobacco awareness video, audio were shown to students regarding ill effects of tobacco and guided through a pledge regarding refraining from use of tobacco. The awareness campaign also conducted on Nasrapur market road. The villagers responded to the volunteers activity for control tobacco use.



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Malegaon, Maharashtra, India  
Nasrapur Maharashtra 412213, India  
Lat 18.248482°  
Long 73.872098°  
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### Traffic awareness:

Road safety awareness is very important to control traffic problems in this century. Various rules like never use a mobile phone while driving. Wear seatbelts and helmets. Walk carefully on the sidewalks and only cross on the zebra crossing. Be careful of speed limits were discussed by volunteer in School. The children were also taught about Traffic rules and made aware of the safety norms on the road. The traffic rules and handouts posters were also displayed on road to create awareness in the general public..

These various activities were conducted at "Krishna ji Hari Karyekar Prathamik Vidyalay" and "Adarsh Balwadi" under Dyanprakashan Shikshan Sanstha. Zilla Parishad Prathamik School At Post Nasrapur , Talukla Bhor, Dist- Pune



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नसरापूर येथील विशेष हिवाळी शिबिरात उपस्थित ग्रामस्थ.

## दंत महाविद्यालयाचे नसरापूर येथे शिबिर

**धनकवडी :** भारती विद्यापीठ दंत महाविद्यालय आणि रुग्णालय, पुणे यांच्या वतीने राष्ट्रीय सेवा योजनेअंतर्गत नसरापूर, तालुका भोर, जिल्हा पुणे या ठिकाणी विशेष हिवाळी शिबिर आयोजित करण्यात आले होते. या शिबिरामध्ये मोफत दंतरोग तपासणीबरोबर आरोग्याबाबत जनजागृती करण्यात आली. राष्ट्रीय सेवा योजनेच्या स्वयंसेवकांनी वाहतूक नियंत्रण जनजागृती, तंबाखूमुक्त भारत, मतदार जनजागृती, महिला सक्षमीकरण, योगाचे आरोग्याबाबतचे महत्त्व असे विविध उपक्रम राबविले. या शिबिरास भारती विद्यापीठ दंत महाविद्यालय आणि रुग्णालयाचे प्राचार्य डॉ. राजेश क्षीरसागर, भारती विद्यापीठ राष्ट्रीय सेवा योजनेचे प्रकल्प समन्वयक डॉ. अविनाश मेहेत्रे यांचे मार्गदर्शन लाभले. शिबिराच्या नियोजनास नसरापूर गावच्या सरपंच रोहिणी शेठे आणि नसरापूर गावचे ग्रामस्थ यांनी सहकार्य केले. यासोबतच जिल्हा परिषद शाळा नसरापूर आणि श्रीकृष्णाजी कारेकर विद्यालय येथील सर्व शिक्षक आणि विद्यार्थ्यांनी उत्साहाने सहभाग नोंदवून कार्यक्रम यशस्वीपणे पार पाडले. शिवदास माळी, सुकुमार लिपारे आणि वृषाली मोहिते यांनी हे शिबिर यशस्वी केले.

लोकमत

## दंत महाविद्यालयाच्या शिविराचा ३५० जणांना लाभ नसरापूर येथे राष्ट्रीय सेवा योजनेचा उपक्रम

धनकवडी : राष्ट्रीय सेवा योजनेअंतर्गत भोर तालुक्यातील नसरापूर येथे भारती विद्यापीठ दंत महाविद्यालयाच्यावतीने आयोजित केलेल्या विशेष हिवाळी शिविरास उत्स्फूर्त प्रतिसाद मिळाला. या शिविरात आरोग्याबाबत जनजागृतीसह ३५० नागरिकांची मोफत दंत तपासणी करण्यात आली.

यावेळी राष्ट्रीय सेवा योजनेच्या स्वयंसेवकांनी वाहतूक नियंत्रण, तंबाखूमुक्त भारत याबाबत जनजागृती केली, महिला सक्षमीकरण, योग व आरोग्याबाबतचे महत्त्व असे विविध उपक्रम राबविण्यात आले. शिविरास भारती विद्यापीठ दंत महाविद्यालय, रुग्णालयाचे प्राचार्य डॉ. राजेश क्षीरसागर भारती विद्यापीठ राष्ट्रीय सेवा योजनेचे प्रकल्प समन्वयक डॉ. अविनाश मेहेत्रे



यांचे मोलाचे मार्गदर्शन लाभले. शिविराच्या नियोजनास नसरापूर गावचे सरपंच रोहिणी शेठे, उपसरपंच गणेश दळवी आणि नसरापूरचे ग्रामस्थांचे सहकार्य लाभले. जिल्हा परिषद शाळा नसरापूर आणि श्रीकृष्णाजी कारेकर विद्यालय येथील सर्व शिक्षक आणि विद्यार्थी उत्साहाने सहभाग झाले. राष्ट्रीय सेवा योजनेच्या सैनिकांनी तसेच शिवदास माळी, सुकुमार लिपारे आणि वृषाली मोहिते यांनी शिविर पार पाडण्यासाठी प्रयत्न केले.

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Programme Officer

NSS

Principal

BVDUDCH Pune